

# What's Happening September/October 2019

Brought to you by Aspotogan Heritage Trust – “Investing in Community Visions”

- September 7 Pancake Breakfast** 9-11:30 am. Head to the Lions Club for a Pancake Breakfast to start your day. Enjoy pancakes, sausage, tea/coffe or juice. Donation at the door. 50/50 available
- September 8 Torpedo Ray's Annual Treasure Hunt Dive** 9 am. Hubbards Beach. Registration from 9 to 10:30 am. The dive kicks off at 11 am. This is the largest organized diving event in Canada and is open to divers and snorkelers. Registration includes a BBQ and a chance to win lots of great prizes. All proceeds going to the Children's Trust Fund. For more information, call 902-481-0444
- September 15 39<sup>th</sup> Annual Terry Fox Run** Noon. Shore Club. Registration starts at noon, run starts at 1pm. This year's run is dedicated to Sanny Blakeney. Get the whole family together and support one of Canada's greatest heroes. Join "Terry's Team." 902-857-9555 for more info.  
**Athenaeum Society of Nova Scotia Presentation: "A National Pharmacare Program?"** 2:30 pm. Ocean Swells Community Centre. Presented by Diana Whalen. All are welcome. For more information call 902-476-4465
- September 20 Preteen Dance** 7-9 pm. Through the Years Day Care & Community Centre. Ages 7-12. \$5.00 per person. Canteen available. Adult chaperoned. Call 902-857-1777 for more information.
- September 21 St. Barnabas Church Annual Turkey Supper** 4:30-6pm. Blandford Community Centre. Adults \$13, Youth (5-12) \$7 and children under 5 are free. Includes complete turkey supper, dessert, coffee and tea. This is a fundraising event for St. Barnabas Church. Take-out orders are not available until 5pm.
- September 29 Hubbards Area Lions Club Fish Fry** 4-6 pm. Hubbards Area Lions Club. Enjoy fresh pan-fried Haddock, mashed potatoes, vegetables, rolls, pickles, dessert and coffee or tea. Cost is \$12. Cash Bar and 50/50 available
- October 5 Pancake Breakfast** 9-11:30 am. Head to the Lions Club for a Pancake Breakfast to start your day. Enjoy pancakes, sausage, tea/coffe or juice. Donation at the door. 50/50 available  
**Octoberfest: Dinner & Dance with Bruce Richards & the Allies** 6-8pm. Hubbards Area Lions Club. Dance starts after dinner. \$12 per person. \$6 per child.



**ASPOTOGAN HERITAGE TRUST  
2019 OPEN HOUSE**

HELP US CELEBRATE AHT'S 25<sup>TH</sup> ANNIVERSARY  
WITH GAMES, A BOUNCY CASTLE, FREE BBQ,  
BIRTHDAY CAKE, PUMPKIN PATCH, PRIZES,  
AND 25<sup>TH</sup> ANNIVERSARY SURPRISES

**OCTOBER 5<sup>TH</sup>**  
**11AM - 2PM RAIN OR SHINE**

**10 Pte. Richard Green Lane, Hubbards**  
**902-857-1133**  
**info@aspotogan.org**

- October 16**     **Hubbards & Area Business Association Networking Social** 6 pm. Black Harbour Distillery at 419 Highway 3. Join HABA for an evening of socialization, networking and a chance to find out about HABA and what they have been engaged in over the summer months. Hors d'oeuvres, refreshments, and cash bar available. Free to attend. Call 902-857-1133 or email [contact@hubbards.ca](mailto:contact@hubbards.ca) for more information
- October 17**     **Explore the Mediterranean Diet** 6:30-8:30 pm. J.D. Shatford Public Library. Interested in lowering your risk of heart disease, Alzheimer's and diabetes? Join the Community Health Team registered dietitian to learn how you can improve your health by following the Mediterranean way of eating. For more information or to register please phone 902-460-4560 ext. 2 or visit us online at [www.communityhealthteams.ca](http://www.communityhealthteams.ca)
- October 18**     **25<sup>th</sup> Annual Hubbards Heritage Society Dinner Theatre: "Drinks Are On Us"** 6pm. Shore Club Doors open at 6pm. Dinner at 7pm. Tickets available September 3<sup>rd</sup> at Bell's Independent Grocery Store in the Hubbards Mall. \$25 per person.  
**Preteen Dance.** 7-9 pm. Through the Years Day Care & Community Centre. Ages 7-12. \$5.00 per person. Canteen available. Adult chaperoned. Call 902-857-1777 for more information.
- October 19**     **Community Centre Breakfast at District #1 Community Centre in Blandford** 9-11 am. Blandford Community Centre. Enjoy scrambled eggs, bacon, hash browns, baked beans, tea/coffee & juice. Adults \$7, Youth 5-12 \$3.50, children under 5 are free.
- October 20**     **Annual Hubbards Handicap Golf Tournament** 10 am. Aspotogan Ridge Golf Course. Teams of 5 players. Shotgun start. Registration is \$20 plus applicable green fees per person. Lots of fun and prizes. To register call Rhys at 902-857-9555  
**Athenaeum Society of Nova Scotia Presentation: The Special Role of College in Training and Research Solutions** 2:30 pm. Ocean Swells Community Centre. Presented by Don Bureaux. All are welcome. For more information call 902-476-4465
- October 25**     **Girls' Nite Out** 7 pm. A fantastic fundraising evening all about "the ladies". Enjoy a fashion show, prizes, entertainment, fabulous food, cash bar, silent auction and a surprise or two thrown in. All proceeds from this function are donated to various local community groups and events. Call 902-858-5652 or visit the Facebook page [www.facebook.com/hubbardsgno](http://www.facebook.com/hubbardsgno) for more info.
- October 26**     **Aspotogan Fitness Club's 1<sup>st</sup> Anniversary Celebration** 11:30 am – 1 pm. Hubbards and Area Lions Club. Come enjoy a day filled with free pumpkin carving for children. Hot dogs, pop, chips, and cake provided by the Lions Club. There is no charge for the event but a free will offering will gladly be accepted.  
**Blandford Community Centre Salt Cod Supper** 4:30-6 pm. Blandford Community Centre. Adults \$12, Youth 5-12 \$6, children under 5 are free
- October 27**     **Hubbards Area Lions Club Fish Fry** 4-6 pm. Hubbards Area Lions Club. Enjoy fresh pan-fried Haddock, mashed potatoes, vegetables, rolls, pickles, dessert and coffee or tea. Cost is \$12. Cash Bar and 50/50 available
- October 31**     **Fur'n Gully Pet Grooming 3<sup>rd</sup> Annual Haunted House** 3-8 pm. 10361 St Margaret's Bay Rd. Free to enter if you dare! Hosted by Fur'n Gully with help from Settlement Bookkeeping and The Wellness Hub. For more information email [furngullygrooming@gmail.com](mailto:furngullygrooming@gmail.com)



## Seniors College of Nova Scotia

Treat yourself- Awaken your brain cells

Join members of the Senior's College of Nova Scotia for two great fall courses being held in October and November

Information & Registration Session Tuesday September 10, 2019 @ 10:30 am

Meet the professors and hear a preview of the courses

Learn more at [info@theSCANS.ca](mailto:info@theSCANS.ca) or [www.theSCANS.org](http://www.theSCANS.org)

## J.D. Shatford Memorial Public Library

### ADULT PROGRAMS

Parent & Baby/Tot Drop-in - Tuesdays @ 10:30 am  
- 12 pm (cancelled September 4<sup>th</sup>)  
Scrabble or Quiddler - It's All Fun and Games -  
Wednesdays @ 2 pm  
Knit Night - Thursday @ 6:30 - 8 pm

### FAMILY MOVIE

Thursday September 26 - *Missing Link* 6:30 pm

### KIDS PROGRAMS

#### **Fridays @ 10:30 am**

September 20- Storytime: Oceans All Around Us, Ages 1-5  
September 27 - Super Sleuths, All Ages  
October 4 - Storytime: Exploring Space, Ages 1-5  
October 11 - Muck & Guck: Leaf Turkey Prints, Ages 1-5  
October 18 - Puppet Show: "A Ghost in the House," All Ages  
October 25 - PD Day: Slime fest Ages 5+

#### **Spooky Halloween Crafts - October 3<sup>th</sup> to 24<sup>th</sup> at 3:30 - 4:30 pm**

A four week program every Thursday. Make a different toy every week. Ages 8+  
Call 902-857-9176 for more information and library hours

### ADULT MOVIES

Tuesday September 10 - *Dodge Ball* 7 pm  
Tuesday September 24 - *Amazing Grace* 7 pm  
Tuesday October 8 - *Rocket Man* 7 pm  
Tuesday October 22 - *The Grizzlies* 8 7 pm

#### **Saturdays @ 11 am**

September 21 - Science Week Ages 5+  
September 28 - Brain Game Olympics 5+  
October 5 - Paper Bag Monsters 5+  
October 12 - Monster Morning 5+  
October 19 - Leaf Snatchers Ages 5+  
October 26 - Silly, Spooky, Crafts 5+

## **Health & Wellness**

### **Aspotogan Fitness Club**

Open 7 days a week, 5 am - 9 pm at the lower level of the Hubbards Area Lions Club. Memberships are \$25/month. For more information regarding membership or volunteering please contact [aspotoganfitness@gmail.com](mailto:aspotoganfitness@gmail.com)

### **Floor Hockey**

Fridays 7 - 8 pm (starting Sept. 6) at the Community Centre in Blandford for adults and youth. \$2/session or \$5/session/family. All equipment is supplied. *Please wear non-marking sneakers*

### **Pickle Ball**

Thursdays 7 - 8 pm (starting Sept. 5) at the Community Centre in Blandford for adults and youth 13 and older. \$2/per session. Bring an extra \$1 in case enough players want to stay longer. All equipment is supplied. Please wear non-marking sneakers. If you are a player, please bring your own racquet and come along to help us out

### **Yoga For Seniors**

Fridays at 10 - 11 am in the lodge room of the Community Centre in Blandford. Drop-in fee is \$7/class. All are welcome to this fun and 'user-friendly' class. No previous experience is necessary. Wear comfortable clothing and bring a yoga mat

### **Strength and Stretch on the Stability Ball**

Tuesdays at 7:30 - 8:30 pm (starting Sept. 10) in the youth room of the Community Centre in Blandford. \$5/class. Bring your own stability ball, non-slip mat, and light hand-weights (all can be supplied for trial class). Call Vicki before dropping in or if you would like to try and use supplied ball/mat/weights.

### **Badminton**

Wednesdays 7-8:30 pm (starting September 19<sup>th</sup>) at Aspotogan Elementary School. Bring indoor shoes. New members welcome. \$3 drop-in fee. Call Firman at 902-857-1650

### **Yoga at the Hubbards Sailing Club**

Wednesdays at 6-7:15 pm and Saturdays 9-10:15 am. For more information check out [www.bluelotusliving.net](http://www.bluelotusliving.net)

### **Yoga**

Regular classes at the Sail Loft Studio on Mondays, Tuesdays, and Thursdays. For more information on the schedule check out <https://sailloftyoga.com/>

### **Chair Yoga**

Tuesdays 11:45am - 12:45pm at the Hubbards Lions Club  
Fridays at 10 - 11 am at the Community Centre in Blandford

## Multi-Day Events & Activities

### Weekly Card Games & Bingo

♣ 45's	Monday	7:30 pm	Through the Years Day Care & Community Centre
♦ Crib	Tuesday	7:00 pm	Hubbards Area Lions Club
♠ 45's	Wednesday & Friday	7:30 pm	Ocean Swells Community Centre
♥ 45's	Thursday	7:30 pm	District #1 Community Centre, Blandford
Bingo	Thursday	6:00 pm	Hubbards Area Lions Club

### The Big Bad Musical Dinner Theatre

September 13-15 and 20-22 at St. Luke's United Church, 5374 St. Margaret's Bay Road, Upper Tantallon. Doors open at 6 pm, seating at 6:30 pm. Tickets are \$30. Cash bar available. To reserve call 902-222-6440 or email [tickets@stlukesunited.ca](mailto:tickets@stlukesunited.ca)

### Hooked Rug Museum of North America Marketplace

The museum, located at 9849 Hwy #3, is open daily from 10 am to 5 pm until the fall. Pre-registration is required for all hook-in events. Visit [www.hookedrugmuseumnovascotia.org](http://www.hookedrugmuseumnovascotia.org) for more information

### Hubbards Farmers' Market

8am-12 noon. Hubbards Barn & Community Park. 57 Hwy #3, Hubbards

Visit our fantastic Hubbards Farmers' Market Saturday mornings. Seasonal vendors will be bringing their best every Saturday until October 26. Enjoy live music and Shop Fresh. Shop Unique. Shop Local. For a list of vendors or more information, visit the website at [www.hubbardsbarn.org](http://www.hubbardsbarn.org)

### District #1 Community Centre Board Meetings

Meetings are held every second Wednesday of the month at 7 pm. Public attendance is encouraged. This is an opportunity to be informed and to participate in determining how the Centre best serves the area

### Heritage Handwork Drop-In – Blandford Community Centre

10 am to 4 pm. Bring your hooking, knitting, felting, sewing (machine work as well) or any portable handwork and enjoy the sharing of handwork knowledge. Drop-in fee of \$3.00. Coffee/Tea available. Everyone welcome

### Aspotogan Arts & Crafts

During the month of October, members of the Aspotogan Arts & Crafts will be exhibiting a variety of mediums from local artists at the Trellis Cafe in Hubbards. Many of the art works will relate to the ABC book which AA&C is putting out to celebrate its 20<sup>th</sup> anniversary in 2020.

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## Aspotogan Ridge Golf Club

376 Parkwood Drive, Mill Cove



**September 13 Glow in the Dark Night Golf 7 pm.** Spend Friday the 13<sup>th</sup> with the ghosts at the Aspotogan Ridge Golf Club. Come lay a 7-hole game of Glow in the Dark Golf while underneath the September moon. There is a costume contest and a special menu which will help you have a spooky time! Cost is \$50 (7 holes + food). Pre-registration is required by Sept 3<sup>rd</sup> by calling 902-857-1333.

**September 21 Community Scramble.** Call 902-857-1333 or email [play@aspotoganridge.com](mailto:play@aspotoganridge.com) for details

**October 19 Closing Scramble.** Call 902-857-1333 or email [play@aspotoganridge.com](mailto:play@aspotoganridge.com) for details

**Ladies Night every 4<sup>th</sup> Monday of the month until September 23**

**Men's Night every Wednesday until September 25**

**Senior's Days every Friday until September 27**

**Stay tuned for grill nights, extra events and specials**

**[play@aspotoganridge.com](mailto:play@aspotoganridge.com) [www.aspotoganridge.com/golf](http://www.aspotoganridge.com/golf) @playaspotogan (Facebook)**

***Enjoy the great food at the Parkwood Grill – 11 am to 7 pm daily. Everyone welcome!***